



MENU

Visit BostonMarket.com to learn about Catering, join the eClub and order online.

INDIVIDUAL MEALS

ROTISSERIE CHICKEN

Includes 2 regular sides & cornbread
Add a 3rd side for only 1.99 (60-450 cal)

Half Chicken **▲** 780-1560 cal 9.79

Quarter White **▲** 550-1330 cal 8.79

Three-Piece Dark **▲** 580-1450 cal 8.79

ROTISSERIE PRIME RIB

Includes 2 regular sides & cornbread
Add a 3rd side for only 1.99 (60-450 cal)

Available Wednesday, Friday and Sunday.
Starting at 5pm. While supplies last.

▲ 980-1750 cal 15.99

HOME STYLE MEALS

Includes 2 regular sides & cornbread
Add a 3rd side for only 1.99 (60-450 cal)

Quarter Rack of Ribs & Quarter Rotisserie Chicken 13.99
▲ 980-1710 cal

Quarter Rack of Ribs 11.99
▲ 710-1480 cal

Rotisserie Turkey Breast
Large 9.79 Regular 8.69
▲ 450-1280 cal

Meatloaf Large 9.49 Regular 8.49
▲ 750-1760 cal

MARKET® FAVORITES

Served with cornbread

Chicken Pot Pie 910 cal 6.99

Side Item Sampler (3 regular sides) **▲** 340-1500 cal 6.99

BOWLS & SANDWICHES

MARKET SANDWICHES

Rotisserie Chicken Breast 730-750 cal 8.29

Pulled BBQ Chicken 700-720 cal 8.29

All-White Chicken Salad 850-870 cal 8.29

Rotisserie Turkey Breast 810-830 cal 8.29

Meatloaf Carver® 860-880 cal 8.29

MAKE IT A COMBO
Add a side and fountain drink **▲** 60-725 cal 2.89

MARKET PAIR

Half Sandwich and Bowl of Soup **▲** 605-730 cal 8.29

MARKET SALADS

Caesar or Southwest Santa Fe with Rotisserie Chicken 430-500 cal 8.49
without Rotisserie Chicken 310-380 cal 6.99

Add a Side 60-450 cal 1.99

MARKET BOWLS

Pick 2 sides, choose your entrée and top with BBQ sauce or gravy.

- Rotisserie Chicken **▲**
- Rotisserie Turkey Breast **▲**
- Meatloaf **▲** 230-1270 cal 8.29

MARKET SOUP

All You Can Eat Soup Bowl 240 cal 4.49 per serving

FAMILY MEALS

MEAL FOR 6

Your choice of 1 entrée & 6 large sides includes 6 cornbread

2 Whole Rotisserie Chickens 49.99 TOTAL
Rotisserie Turkey Breast APPROX 30 oz
Meatloaf 12 SLICES 550-1710 cal 8.33 PER PERSON **▲**

MEAL FOR 5

Your choice of 1 entrée & 5 large sides includes 5 cornbread

1½ Rotisserie Chickens 41.99 TOTAL
Rotisserie Turkey Breast APPROX 25 oz
Meatloaf 10 SLICES 550-1710 cal 8.40 PER PERSON **▲**

MEAL FOR 4

Your choice of 1 entrée & 4 large sides includes 4 cornbread

1¼ Rotisserie Chickens 33.99 TOTAL
Rotisserie Turkey Breast APPROX 20 oz
Meatloaf 8 SLICES 550-1710 cal 8.50 PER PERSON **▲**

MEAL FOR 3

Your choice of 1 entrée & 3 large sides includes 3 cornbread

1 Whole Rotisserie Chicken 25.99 TOTAL
Rotisserie Turkey Breast APPROX 15 oz
Meatloaf 6 SLICES 550-1710 cal 8.66 PER PERSON **▲**

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information in written form is available upon request.

Prices and menu items are subject to change and may vary by location.

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HOME STYLE SIDES

Mashed Potatoes
Mac & Cheese
Sweet Corn
Fresh Steamed Vegetables
Garlic Dill New Potatoes

Fresh Vegetable Stuffing
Caesar Side Salad
Southwest Rice
Green Beans

Premium Sides

Sweet Potato Casserole
Creamed Spinach

EXTRAS

Home Style Sides LARGE 120-900 cal 4.79
REGULAR 60-450 cal 2.69

Premium Sides LARGE extra .50
REGULAR extra .25

Whole Rotisserie Chicken 1000 cal 10.49

6 Fresh-Baked Cornbread 160 cal each 2.49

KIDS MEAL

1 entrée, 1 small side, cornbread & kids drink (kids 12 & under)

Mac & Cheese Dark Meat Chicken*
Meatloaf Rotisserie Turkey Breast
*Additional charge for white meat **▲** 280-670 cal 5.39

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.

BEVERAGES & DESSERTS

BEVERAGES

Fountain Drink 0-450 cal 2.39

Iced Tea or Lemonade 0-410 cal 2.39

Dasani® Bottled Water 0 cal 2.39

2-Liter Sodas 0-140 cal/serving
0-840 cal/bottle 2.99

20 oz Bottled Beverages 0-260 cal/bottle 2.49

Milk Lowfat 1% (White or Chocolate) 110-160 cal 1.49

Honest Kids® Appley Ever After® Juice 35 cal 1.49

Gallon to Go Iced Tea or Lemonade A-LA CARTE 5.99 WITH FAMILY MEAL PURCHASE 2.99
0-180 cal per serving
0-1750 cal per gallon

DESSERTS

Chocolate Chunk Cookie 370 cal/each 4-PACK 4.49 SINGLE 1.49

Chocolate Brownie 340 cal/each FAMILY 5.49 SINGLE 1.79

Apple Pie 430 cal/slice WHOLE 6.49 SLICE 1.99

Chocolate Cake 570 cal/slice WHOLE 14.99 SLICE 2.59

Carrot Cake 730 cal/slice WHOLE 16.99 SLICE 2.99

▲ indicates that the sodium (salt) content of this item is higher than the total daily recommended limit (2300 mg). High sodium intake can increase blood pressure and risk of heart disease and stroke.